



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MARCH MADNESS: GET IN SHAPE FOR THE SPRING!

Personal Training Special: Buy 5 Get 1 FREE!
WEDNESDAY, MARCH 1 TO FRIDAY, MARCH 31, 2017
SAVE UP TO \$86 ON PERSONAL TRAINING!

During the month of March, buy any 5 Session Personal Training Package and get 1 FREE session! Limited to 2 packages per person or duo.

Work with one of our Certified Personal Trainers to achieve your fitness goals, train for an event, and much more!



For more information, contact Hannah Thomas
at Hannah.Thomas@ymcaofmewsa.org

METUCHEN YMCA

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