



THE Y.[™]
FOR A BETTER US.[™]

2015 ANNUAL REPORT
YMCA OF METUCHEN, EDISON,
WOODBIDGE & SOUTH AMBOY
YMCA

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Our YMCA is a charitable organization rooted in Judeo-Christian values. We are devoted to supporting individuals and families in their quest to realize their full potential through programs and services that foster youth development, healthy living and social responsibility.

Dear Friends,

Over 95 years ago, with the help of Charles Edgar, the YMCA of Metuchen begin serving the Boro of Metuchen. While currently best known for outstanding swimming, exercise and child care in our 3 YMCA buildings and 11 Early Learning programs, the YMCA of Metuchen, Edison, Woodbridge and South Amboy continues to respond to the needs of our neighbors. The Y Diabetes Prevention Program, LiveSTRONG® at the YMCA, a cancer survivors exercise program, and the Togetherhood Program™, which coordinates volunteers with community projects, are just a few of our innovative Y program offerings. Each day we serve over 6,000 YMCA members and 1,000 children in child care in 5 communities throughout Middlesex County. Not only has our name expanded - - so too have our programs, services, and valuable membership.

Service to Y members and our communities is what makes the Y uniquely different from other organizations. We enjoy strong, collaborative relationships in the communities we serve, striving to produce consistent, life-changing, measurable results. Our Y creates an inclusive kinship within its walls and within its communities. As a result, the Y environments are places where all can grow and realize their fullest potential in healthy living, youth development and appreciation of social responsibility.

The YMCA of Metuchen, Edison, Woodbridge and South Amboy uses a multitude of locations to deliver our extensive programs and services. Often looked to as the leader in nurturing the potential of today's children from infancy to adulthood, the Y also enjoys an outstanding reputation in health and well-being programs. As awareness of health challenges increases, we are always working to ensure that the Y is ready to provide a growing menu of services to the emerging market of seniors and older adults.

The Y also serves as a connector in our communities, bringing people together and establishing strong, lasting partnerships. Thanks to our community support, our Y is making incredible strides in strengthening the health and wellness for our Greater Middlesex County members. Your partnership and your loyal support is and always will be greatly appreciated.

On behalf of our Y volunteers and staff, we are extremely pleased to have your continued support, and encourage you to become better acquainted with our organization, our mission and the many ways in which we serve our communities.

Sincerely,

Bruce Peragallo

Bruce Peragallo
Board Chair

Rose Cushing

Rose Cushing
President & CEO



7th Grade Initiative

As youth begin to face the many challenges of adolescence, they are more likely to begin distancing themselves from formal organizations, friends and family, and to experiment with unhealthy and risky behaviors. The 7th Grade Initiative is an opportunity for the Y to engage, cultivate and connect with youth at a time that is most crucial to their development. The YMCA of Metuchen, Edison, Woodbridge & South Amboy began this program under the leadership of Charles S. Edgar Memorial Honoree Bill Lovett, Executive Director of the New Jersey State Alliance of YMCAs.



Youth in 7th Grade Initiative

This free program gives teens an opportunity to feel a sense of belonging while they are taught about nutrition, exercise and social behaviors including unlimited use of the facility and social events.



Swim Team Participants

Children have fun, develop skills and techniques, experience healthy benefits, as well as build character by being a member of our competitive swim team.



Summer Campers

Campers enjoy physical activity, the outdoors, make new friendships, have different experiences, learn skills, gain independence and create long lasting memories.



Enrichment Class Participants

We celebrate creativity and take pride in connecting kids' passions and interests with new ideas.



Membership



7th Grade Initiative



Childcare

Financial Assistance

As a cause-driven organization, the YMCA of Metuchen, Edison, Woodbridge & South Amboy provided \$398,430.50 in financial assistance to individuals and families in our community. We make sure every child has the chance to grow, every adult has the chance to thrive, and every senior has the chance to participate by providing our services at affordable rates. Funds raised during our Annual Campaign are awarded to friends and families in the community who otherwise may not be able to afford Y programs. We are proud to help serve our community.

Awarded Financial Assistance



Children in YMCA Childcare

Parents entrust their children, ages 6 weeks to 12 years, to us and go to work with a sense of security that their children are in a happy, learning, healthy environment.

Youth Sports Kids

Every child regardless of skill or ability is encouraged to experience the fun, fair play and benefits of being active while growing in confidence. We measure progress, not perfection.

Technology

We introduced 27 tablets and 1 smart-board into our child care centers to expose children to a variety of learning experiences.



Day Camp

LiveStrong

Programs

SEE WHAT YOUR GIFT HAS DONE STORIES FROM THE YMCA OF METUCHEN, EDISON, WOODBRIDGE & SOUTH AMBOY



"I joined the Edison YMCA when I was diagnosed with bone density problems, after taking medication after medication with no success. Finishing yet another trial with low spirits, I asked for a trainer. I had regularly scheduled sessions and felt better about myself. After one year of hard work with the trainer, my tests showed a 10% growth in my bone density! I know my cure is right here at the YMCA."

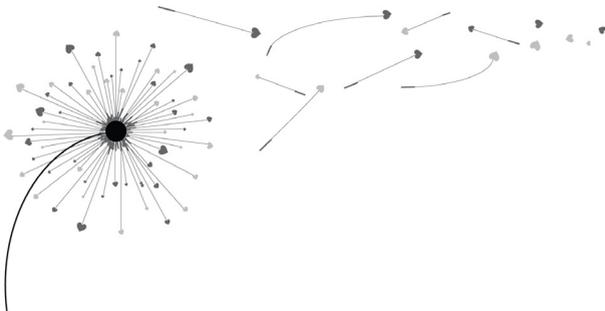
-Anonymous

"My son started attending Our Savior's Childcare Center in 2007. A year into the program, I was having difficulty paying my monthly payments and my stress increased when the summer camp enrollment began. I was working full-time, but couldn't seem to keep up with the payments.

I was told about the Financial Assistance program that was available and that it would be a good idea if I applied. Once I completed the application and submitted all documents, I received an award letter stating my new subsidized rate for camp and childcare.

Qualifying for the assistance for four years left me with funds at the end of the month to buy food and clothing for my son. I was able to utilize the hours provided by the childcare center and I trusted that my son was in a safe place. He learned so much while being there and will always treasure those beautiful memories. If the assistance was not an option, my son would not have been able to attend summer camp and share this experience. There would have been a great deal of stress not knowing where he would be during the summer months. I am forever grateful to Our Savior's Childcare Center, Erin, and the Financial Assistance program that has been funded to help families like ours."

-Former Our Savior's Childcare Parent





“Living in South Amboy, our family spends a lot of time at the beach. This summer we decided to enroll our daughter Summer into the Y’s summer camp because it not only offered new experience, but it also allowed Summer to take swimming lessons on a consistent basis with the excellent instruction of her swim instructor Sarah.

During camp and in private lessons, Summer has made amazing progress. Although she had taken lessons previously, she was still hesitant to swim. Sarah has such a great child-friendly approach to her instruction, which encouraged Summer during every class. This approach changed Summer from not wanting to go to her swim lessons, to being excited about them and then wanting to show us what she learned. Thanks so much!”

-Summer’s Mom

“On Saturday, September 22nd, Pat completed her first ever 5K at the Janice Gamborlino Memorial 5K Run/Walk. Pat is a graduate of the 12 week LiveStrong program from the South Amboy Branch YMCA. She was very interested in being involved with the 5K and proudly wore her “I am a survivor” tag on her shirt on race day. She told me she was unsure if she would be able to do the entire walk, but would go at a slower pace and if she felt she could not handle it, she would turn around.

After realizing how long of a walk it would be if she turned around and went against all the other walkers, she decided to push her way through to the end of the race. When she came around the corner to the finish line she had the biggest smile on her face. Once again she had overcome an obstacle and faced her fears. As she walked to the finish line she crossed and said “I did it” with her arms out proud. Hopefully this will be the first 5K of many!”

-As told by LiveStrong
Personal Trainer Whitney



THANK YOU!

YOUR SUPPORT RESULTED IN

701

Friends contributed

9,413

Scholarships provided

132

New contributors in 2015

\$243,868

Total Funds Raised in 2015

CAMP

MEMBERSHIP

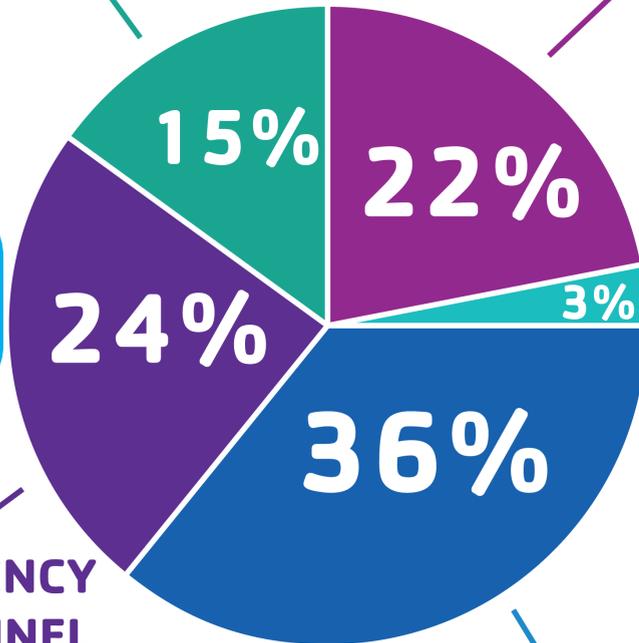
OTHER

EMERGENCY
PERSONNEL

CHILDCARE

Total Financial Assistance
Awarded

\$398,430



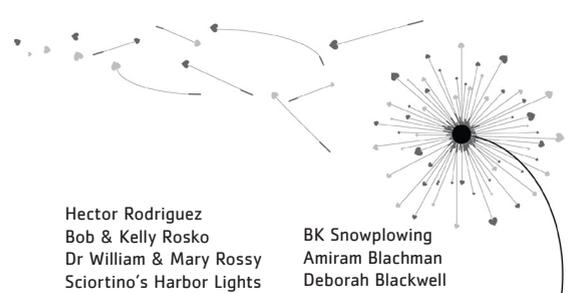
FINANCIALS

Income	2014	2015
Contributions	\$101,201	\$54,273
Membership Dues	\$3,292,500	\$3,336,739
Program Service Fees	\$8,924,326	\$9,210,130
Rentals/Sales to Public	\$51,628	\$50,298
Investments	\$240,848	\$98,269
Grant Income	\$32,138	\$33,143
Fundraising Revenue	\$118,546	\$189,595
Other Revenue	\$204,396	\$643,230
Management Fees	\$199,476	\$63,901
Expense Reimbursements	\$37,400	\$40,215
TOTAL INCOME	\$13,202,459	\$13,719,793

Expense	2014	2015
PROGRAM SERVICES		
Youth Development	\$2,051,440	\$2,129,404
Healthy Living	\$2,573,766	\$2,526,176
Childcare Programs	\$5,364,922	\$5,529,561
OPERATING EXPENSES		
Management & Facility	\$3,087,387	\$3,045,451
Fundraising	\$67,473	\$75,568
TOTAL EXPENSE	\$13,144,988	\$13,306,160

*** Source 2014 and 2015 Audited Financial Statements. A full audit report is available for review upon request.**

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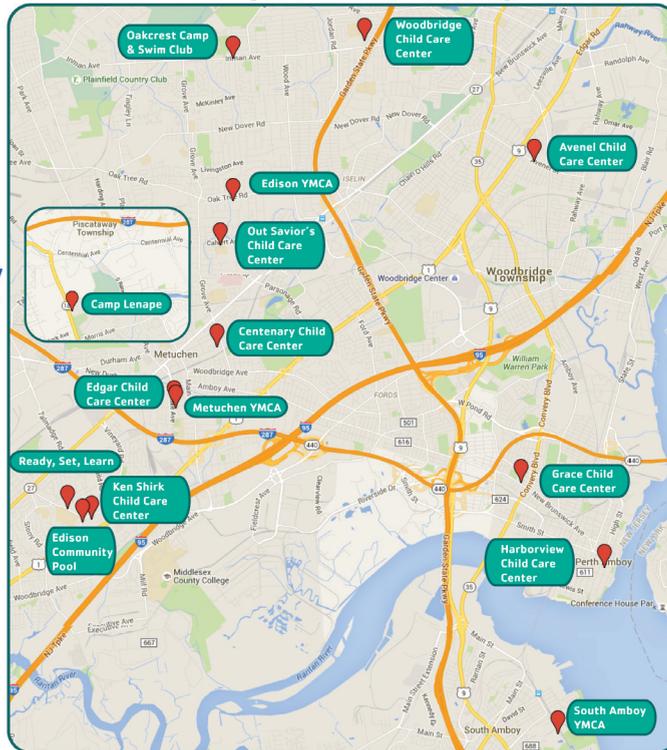
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The Y in your backyard...

YMCA of Metuchen, Edison, Woodbridge & South Amboy
serving Greater Middlesex County

13 Additional School Age
Child Care sites located in
Woodbridge Township Schools



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483 Middlesex Ave | (P) 732 516 9200
Metuchen, NJ 08840 | (F) 732 516 9430

CHILD CARE SERVICES

483 Middlesex Ave | (P) 732 516 9200
Metuchen, NJ 08840 | (F) 732 516 9430

EDISON YMCA

1775 Oak Tree Road | (P) 732 494 3232
Edison, NJ 08820 | (F) 732 548 2598

METUCHEN YMCA

65 High Street | (P) 732 548 2044
Metuchen, NJ 08840 | (F) 732 548 3614

SOUTH AMBOY YMCA

200 John T. O'Leary Blvd | (P) 732 553 9622
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www.ymcaofmews.org

The YMCA of Metuchen, Edison, Woodbridge & South Amboy is one of the area's leading charitable 501(c)3 organizations. Our programs and services are open to all through our financial assistance programs made possible by the generosity of our donors. To help us help others, make your tax-deductible donation today at www.ymcaofmews.org