

METUCHEN YMCA

POOL SCHEDULE

MAY 1ST - JUNE 22ND



Monday Tuesday Wednesday Thursday Friday Saturday Sunday

Hoppel 6AM-9AM Adult Swim	Hoppel 7AM-9AM Adult Swim	Hoppel 6AM-9AM Adult Swim	Hoppel 7AM-9AM Adult Swim	Hoppel 6AM-9AM Adult Swim	Hoppel 7AM-9AM Adult Swim	Hoppel 7AM-9AM Adult Swim
Finne 9:30AM-10:30AM AquaFit	Finne 9:30AM-12PM Adult Swim	Finne 11AM-12:30PM Adult Swim	Finne 11:15AM-12PM Aqua PI - YO	Finne 9:30AM-10:30AM Aqua Zumba	Hoppel 10AM-1PM *Open Swim (2 Lanes)	Hoppel 10AM-1PM *Open Swim (2 Lanes)
Finne 10:30AM-12PM Adult Swim			Finne 12PM-1PM Adult Swim	Finne 10:30AM-12PM Adult Swim	Hoppel 1PM-3:30PM Open Swim	Hoppel 2PM-3:30PM Open Swim
Hoppel 1PM-2PM Open Swim	Hoppel 12:30PM-2PM Open Swim	Hoppel 1PM-2PM Open Swim	Hoppel 1PM-2PM Open Swim	Hoppel 12PM-2PM Open Swim	Finne 12:30PM-3:45PM Family Swim	Finne 1PM-3:45PM Open Swim
Finne 3PM-5PM Open Swim	Hoppel 3PM-4:45PM Open Swim	Finne 3PM-5PM Open Swim	Hoppel 3PM-4:45PM Open Swim	Finne 3PM-8PM Family Swim		
Hoppel 4:30PM-5:30PM *Adult Swim (2 Lanes)	Hoppel 4:45PM-5:30PM *Adult Swim (2 Lanes)	Hoppel 4:45PM-5:30PM *Adult Swim (2 Lanes)	Hoppel 4:45PM-5:30PM *Adult Swim (2 Lanes)	Hoppel 4:30PM-5:30PM Open Swim		
Finne 7PM-8:45PM Open Swim		Finne 7:15PM-8:45PM Open Swim				

Alexis Brown
Director of Aquatics
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- Adult Swim - 12+ must be green band level
- Open Swim - Both Families and Adults
- Family Swim - Members with kids
- Pools are subject to change due to events, maintenance and trainings. (Lifeguard classes, private lessons)
- *Pool is limited to two lanes due to classes
- We might close one of the pools if there is a lifeguard shortage