



**FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

MEWSA Membership,

I'm hoping this finds you and your families well.

As we navigate through these trying times, our Y team continues to evolve in establishing the new normal, ensuring that we remain connected with our community, serving families in need, and ensuring we remain a vibrant part of our communities as we work towards fully re-opening Y facilities.

The challenge for all of us during these past four months has been to not let social distancing keep us apart. Efforts put forth by the Y to meet this challenge include:

- providing child care services for essential workers
- implementing online learning opportunities for pre-K and school-age children
- creating virtual on-line offerings that range from yoga and Zumba classes to book club sessions
- increasing telephone-outreach initiatives to protect our most vulnerable members, particularly seniors
- collecting hundreds of food items for area food-pantries for distribution to those in need
- remaining connected with our membership through social media/MEWSA Facebook site

As we continue our quest to reopen Y facilities, I cannot stress to you more how the safety and well-being of you and your families will remain our top priority. **WE ARE SO PLEASED TO WELCOME YOU BACK!**

Going forward, we are increasing our programming and facility offerings at all locations. For outdoor programming, we have introduced group exercise classes, as well as providing selected strength equipment available at all branches. We continue to increase the availability of personal training and virtual class offerings. Lap swim and private swim lessons are also available.

Beginning August 1, we will be offering open, outdoor morning lap-swimming at the Oakcrest Community Pool for all of our members. Our child care programs have now re-opened, as well as summer camp programming at four locations. We have been working with our local school districts to support their back-to-school fall schedules to ensure that families who rely on our assistance have the availability of flexible child care as they return to the workplace. **WE ARE SO HAPPY TO BE HERE TO ASSIST!**

The Y leadership team and our entire Y staff greatly appreciates the support you have provided as we work to provide you services through the period of COVID-19. While we have not completely re-opened our facilities due to NJ State Executive Order #157, we have not stopped working to support you as best as we possibly can, being creative in offering out-of-the-box initiatives to keep you positive and active, working with you in moving forward into our new normal. Our reopening will likely bring with it many changes from the Y we knew four months back, but with the aid of our focused Y team, and you, our members, we are confident that the Y mission of building healthy body, mind and spirit will continue to thrive. We are here for good – be well - **#STAY WITH US.**

Sincerely,

Rose Cushing  
President & CEO

**YMCA of METUCHEN, EDISON, WOODBRIDGE and SOUTH AMBOY**

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