



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

METUCHEN YMCA

www.ymcaofmewsa.org

Lap Swim Schedule

Finne Pool – Shallow Water 20 yard Pool 86°

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:50-9:35	8:50-9:35	8:50-9:35	8:50-9:35	8:50-9:35	1:00-1:45	11:00-11:45
9:40-10:25	9:40-10:25	9:40-10:25	9:40-10:25	11:15-12:00	2:00-2:45	12:00-12:45
11:20-12:05	10:30-11:15	11:20-12:05	11:20-12:05	2:30-3:15	3:00-3:45	1:00-1:45
2:30-3:15	2:30-3:15	2:30-3:15	2:30-3:15	3:20-4:05		2:00-2:45
3:20-4:05	3:20-4:05	3:20-4:05	3:20-4:05	4:10-4:55		
4:10-4:55	4:10-4:55	4:10-4:55	4:10-4:55			

Hoppel Pool – 25 yard Lap Pool 80°

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30-6:15	7:10-7:55	5:30-6:15	7:10-7:55	6:55-7:55	7:00-7:45	7:10-7:55
6:20-7:05	8:00-8:45	6:20-7:05	8:00-8:45	8:00-8:45	8:00-8:45	8:10-8:55
7:10-8:10	10:30-11:15	7:10-8:10	10:30-11:15	10:30-11:15	9:00-9:45	9:10-9:55
10:30-11:15	11:20-12:05	10:30-11:15	11:20-12:05	11:20-12:05	10:00-10:45	10:10-10:55
11:20-12:05	1:30-2:15	11:20-12:05	1:30-2:15	1:30-2:15	11:00-11:45	1:10-1:55
12:10-12:55	2:20-3:05	12:10-12:55	2:20-3:05	2:20-3:05	12:00-12:45	2:10-2:55
1:30-2:15	3:10-3:55	1:30-2:15	3:10-3:55	3:10-3:55	1:00-1:45	3:10-3:55
2:20-3:05	4:00-5:00	2:20-3:05	4:00-5:00	4:00-4:45	2:00-2:45	
3:10-3:55		3:10-3:55			3:00-3:45	
4:00-4:45		4:00-4:45				

Reserve your individual swim appointment on our website!



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HOPPEL POOL

25 yard 9ft deep end pool.
Pool 80°

FINNE POOL

Shallow Water 20 yard.
Pool 86°.

Pool and Appointment Descriptions

Open Swim

For all ages; both adults and family reservations.
You can lap swim, water exercise, or just have fun by appointment.

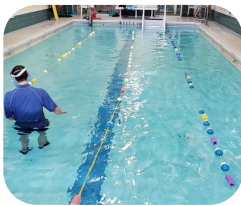
Lap Swim

For 13 and over swimmers looking to reserve a lane for lap swimming.

Family Swim

Just for Family's looking to swim, exercise or just to have fun. One person will reserve a lane for the whole family.

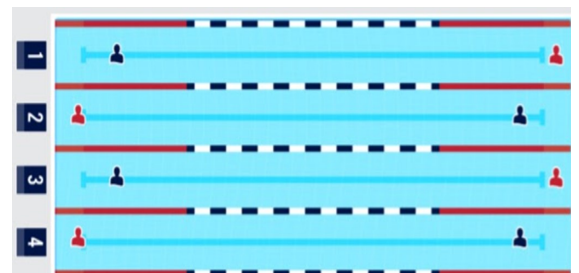
Water Walking "NEW"



Adults only 18+. For those looking to water exercise or lap swim in the **Finne pool**. Max four people in the pool.

Circle Swim "Starting in May"

For 13 + swimmers in the Hoppel pool. You must be of intermediate to advanced swim level and able to circle swim with another member. Two swimmers will share a lane starting and ending at the opposite ends of the pool. (Deep end and Shallow end). Max eight people in the pool. :60 Min Time slots.



Reserve your spot today on our website!