



POOL SCHEDULE

SUMMER
2021

MON	TUE	WED	THURS	FRI	SAT	SUN
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COMPETITION POOL LAP SWIMMING (12 years old & up)

5:30-8	5:30-8	5:30-8	5:30-8	5:30-8	7-4	7-4
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JUNIOR LAP SWIM* (8-12 years, must pass swim test with green band, held in competition pool)

12-8	12-8	12-8	12-8	12-8	10-4	10-4
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*Exceptions made for younger swimmers to lap swim in competitive pool with approval from the Aquatic Director.

EXERCISE POOL (12 & Up)

7-12	7-9 5-8	7-10 11-12	7-9 5-8	7-10 11-12	7-12	7-4
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FAMILY SWIM (Please note classes will be held in the exercise pool during family swim time, please refrain from using the class lane)

4:30-7:45	3-5	4:30-7:45	3-5	4:30-7:45	12-3:45	
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FAMILY SWIM - ACTIVITY POOL ONLY (Frog pool only)

	10-12		10-12			12-3:45
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YMCA of Metuchen, Edison, Woodbridge & South Amboy
The YMCA at the Piscataway Community Center
520 Hoes Lane • Piscataway • 08854 • 732.562.2302

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