



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

PRIVATE SWIM LESSON REQUEST FORM

Please fill out this form and email form back to Andrew Palmer at email address below. You will also need to sign waiver and return it before you are allowed to participate. When we receive your waiver and request forms you will be contacted to schedule a lesson. Due to extremely high demand, we ask for your patience as we pair you with an instructor that best suits your needs and availability. You may check on the status of your request by e-mailing Andrew Palmer, Assistant Aquatic Director, at andrew.palmer@ymcaofmewsa.org

Private Lessons: (30 Minutes; 1:1)

Circle the package you want

\$36 per 1 lesson for members	\$48 per lesson (program members)
\$160 per 5 lessons for members	\$220 for 5 lessons (program members)
\$315 per 10 lessons for members	\$435 for 10 lessons (program members)

Semi Private Lessons (Family only): (45 Minutes; 1:2+)

Circle the package you want

\$52 per 1 lesson for members	\$60 per 1 lesson (program members)
\$240 per 5 lessons for members	\$280 per 5 lessons (program members)
\$445 per 10 lessons for members	\$555 per 10 lessons (program members)

Do you have a swim instructor preference? If yes, please list their name _____

Any Special Considerations? If yes, please explain _____

What would you like to accomplish? _____



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Student(s) Information:

Name: _____ Age _____ DOB _____

Name: _____ Age _____ DOB _____

Parent/Guardian/Contact Information

Name: _____

Primary Phone Number _____

Secondary Phone Number _____

Email _____

*** Please note any child Level 1 and below must be accompanied by a parent in the water.**

**All instructors will teach from the deck and keep their face mask on.
For more information please contact Andrew Palmer at
andrew.palmer@ymcaofmews.org**

Current Available Hours for Lessons

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning	9:30-12pm	9:30-12pm	9:30-12pm	9:30-12pm	9:30-12pm
Evening	12:30- 3:30pm	12:30- 3:30pm	12:30- 3:30pm	12:30- 3:30pm	12:30- 3:30pm



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Standard Operating Procedures

The protocols outlined below have been designed to create the safest environment during COVID-19 and are based on CDC and New Jersey State Guidelines. The outlined protocols are subject to change or modifications or may be suspended as deemed necessary given the ongoing development of the pandemic. All swimmers and families must agree to and sign off on the waiver before participating in Private Swim Lessons.

Operating Procedures:

- Private Lessons are taught by a Staff member who is trained by YMCA's Learn to Swim Program.
- Due to CDC guidelines, until further notice all lessons will be taught by the instructor from the deck. The instructor will be wearing a face mask at all times.
- Because the instructor cannot be in the water with the swimmer, swimmers at Level 2 and higher are independent in the water; Level 1 swimmers must be accompanied by a parent or guardian in the water.
- No equipment will be provided to the swimmer (goggles, kickboard, etc.) If the swimmer wants equipment they may bring their own. Instructor may request the parent to bring or purchase equipment to help their child in the water.
- Semi-private lessons can only be done with same family member. They must be close in swim ability and age. If only one participant shows up, no makeup lesson will be given to the other.
- In order to keep our wait list moving, after finishing the last lesson the client has the option to register again for the wait list. They must inform the instructor, who will notify the Director. Please email Andrew Palmer at andrew.palmer@ymcaofmewsa.org for more information.
- Private lessons are to be completed at least once per week and sessions must be completed within 7 weeks of a 5 week session, or 12 weeks for a 10 week session. For sessions of a single lesson, it must be completed the week of sign-up or as scheduled by the Aquatics Director. After the first lesson, it is the responsibility of the instructor and participant to make a commitment in order to complete the scheduled swim lessons.
- Cancellations must be made at least 24 hours before the lesson! The lesson must be canceled by contacting the swimmer's instructor, not the Y. Please text your instructor in order to track confirmations.
- A doctor's note is required for a makeup lesson.
- Due to the ongoing nature of COVID-19, there is a separate process for COVID-19 related issues. Please read the Standard Operating Procedures.



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Standard Operating Procedures (continued)

- **Swimmers must be registered before session in order to participate.**
- **All swimmers and families must read and review all procedures and have signed the waiver before first lesson.**
- **Parents/guardians will remain in vehicle when dropping off child to check-in.**
- **Swimmers will enter from the main entrance of the building and exit from the designated exit.**
- **Swimmers must arrive 5 minutes before their lesson to allow for check in and set up, due to new protocols we will not be able to take late arrivals.**
- **Swimmers are to wear face masks when entering and exiting facility (can remove face masks when they are about to swim).**
- **Every time the swimmer enters the building, they will have their temperature checked and must fill out health screening questions before they are allowed entry to pool area.**
- **After the swimmer has gone through the standard procedures of checking and signing into the building, they will be escorted by their Swim Instructor to the pool.**
- **Swimmers will arrive and depart in their swim suit – there will be no changing or showers. We recommend a bathrobe to help with wet bathing suits in cars.**
- **Swimmers will be assigned an area to place bag/equipment by their Swim Instructor. They will also be given lane assignment.**
- **Swim Instructors will be wearing face masks at all times and will be instructing the swimmers from the deck.**
- **Swimmers must bring their own filled water bottle.**
- **If a child needs to use the restroom, they will be sent in one at a time and will need a foot covering (sandal or flip-flops). Bathrooms are cleaned after use by staff.**
- **Parents will wait in their cars for swimmer pick-up. Please be ready to pick up child when they finish.**
- **Parents/spectators will not be allowed in the facility.**
- **One parent will be allowed in the building only if they need to be in the water to hold their child.**



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Standard Operating Procedures (continued) CDC Specific Rules

- **Participants cannot have had close contact with anyone who has tested positive for COVID-19 in the last 14 days.**
- **Participants cannot have had a temperature over 100.4 degrees, a cough, or difficulty breathing in the last 14 days.**
- **Any swimmer or staff member experiencing any symptoms of a fever, recent cough, unusual fatigue, or COVID-19 symptoms or who has had any exposure to someone who has any of these symptoms should remain at home and seek medical treatment.**
- **If any swimmer or staff member has a fever or symptoms of illnesses, they may not attend practice until 10 days after symptoms have ended and must see a physician and be cleared for training after being diagnosed or suspected to have COVID-19.**
- **For any positive testing, the individual or family will immediately notify Representative Alexis Brown at alexis.brown@ymcaofmews.org. They will contact New Jersey Department of Health (contact tracers) and follow all instructions from them. Other swimmers and their families will be made aware that a swimmer and or swimmer's household member has tested positive, but the swimmer's name and/or the name of their family member will not be disclosed.**
- **If you need to miss a practice due to the above related COVID-19 symptoms, you will get a refund or have an extension placed on lessons only if you have a doctor's note.**
- **Please note if an instructor has to cancel, you will be notified and the Y will make every effort to reschedule you with a new instructor or will extend your lesson expiration date.**