



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Standard Operating Procedures

The protocols outlined below have been designed to create the safest environment during Covid - 19 and are based on CDC and New Jersey State Guidelines. The outlined protocols are subject to change, modifications or may be suspended as deemed necessary given the ongoing development of the Pandemic. All swimmers and families must agree to and sign off on the waiver before participating in Private Swim Lessons.

Operating Procedures:

- Lessons are taught by a Staff member who is trained by YMCA's learn to swim program.
- Due to CDC guidelines, until further notice all Lessons will be taught by the instructor, from the deck or will be wearing a mask and/or shield when in water. To protect your child we ask when at all possible for parent or guardian to assist child in the water to help with social distancing. All swim starter classes will only be allowed one guardian per child in the water.
- Parents must wait outside the pool area and maintain social distancing in the lobby.
- Personal equipment will not be provide to the swimmer (goggles, cap, etc.) Equipment like kickboards and barbells will be sanitized in between classes.
- Refunds will not be given for cancellations other than medical and a doctor's note must be given. You have one year to complete a package.
- If the Y needs to cancel; every effort will be made to reschedule lesson.
- Please make every effort to contact instructor if you need to cancel (8 hrs). If you do not cancel and do not show up for lesson that instructor/Y might count that as a used lesson.
- Swimmers must be registered before session in order to participate
- All swimmers and families must read and review all procedures before first lesson.
- Swimmers must arrive 10 minutes before their lesson to allow for check in due to new protocols.
- Swimmers are to wear masks when entering and exiting facility (can remove masks when they are about to swim)
- Every time the swimmer enters the building, they will have their temperature check and will check in at front desk before they are allowed entry to pool area.
- Swimmers will arrive in swim suit – we have designated changing rooms for after lesson only.
- Please have children use restroom before arriving so they don't take away time from the lesson
- Swimmers will be assigned an area to place bag/equipment by their Swim Instructor; they will also be given lane assignment.
- Swimmers must bring their own Filled water bottle, goggle and cap (chin length hair)
- If a child needs to use the rest room they will need to put mask back on and have foot covering (sandal, flip-flops). Bathrooms are cleaned after use by staff.
- Parents please be ready to pick up child when they are finished
- One parent will only be allowed in the building if they need to be in the water to hold child or help child with bathroom/changing. Parents/spectators will not be allowed in the Aquatic area .
- Due to ongoing nature of Covid-19, there is a separate process for Covid-19 related issues. Please read the Standard Operating Procedures.



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Standard Operating Procedures (Continued) CDC Specific Rules

- Participants cannot have had close contact with anyone who has tested positive for Covid-19 in the last 14 days
- Participants cannot have had a temperature over 100.4 degrees, a cough, or difficulty breathing in the last 14 days
- Swimmer or staff member experiencing any symptoms of a fever, recent cough, unusual fatigue, or covid-19 symptoms or who has had any exposure to someone who has any symptoms should remain at home and seek medical treatment
- If any swimmer or staff member has a fever or symptoms of illnesses, they may not attend practice until 10 days after symptoms have ended and Swimmers and staff must see a physician and be cleared for training after being diagnosed or suspected to have Covid-19
- Positive test procedure: The individual or family will immediately notify Representative Alexis Brown at alexis.brown@ymcaormewsa.org. They will contact New Jersey Department of Health (contact tracers) and follow all instructions from them. Other swimmers and their families will be made aware that a swimmer and or swimmer's household member has tested positive, but the swimmer's name and/or the name of their family member will not be disclosed.
- If you need to miss a practice due to the above related Covid-19 symptoms you will get a refund or have an extension placed on lessons only if you have a doctor's note.
- Please note if an instructor has to cancel you will be notified. Also the Y will make every effort to re-schedule you with a new instructor or will extend your lesson expiration date.

Please sign and date to show that you have read the above guidelines. Please note at things change the protocols may change as well. We want to insure that everyone who enters the building is safe and protected at all times.

Print Name

Signature

Date
