



## HOW YOUR DONATION MAKES AN IMPACT

### IMPROVING HEALTH OUTCOMES FOR THOSE LIKE TONY

"I became disabled and needed to find a way to take care of my body. Being on a limited income, the Y supports me through their Open Doors Program. I am now a proud member and don't have to choose between being active and healthy and buying food for the month. I have never felt better mentally or physically since becoming disabled. I want to thank all the staff for making my life full once again and treating me with dignity."

### SUPPORTING EDUCATION FOR DIAMOND AND HER GIRLS

"I am a single mother. Having financial assistance from the Y has decreased the burden on my household. Every dollar I save gets redistributed back to my child's well-being which includes clothing, shelter and food. I am grateful the YMCA provides this service to help families like mine and continue to provide high-quality child care."

### DEVELOPING CHANGEMAKERS LIKE CAROLINE

"By participating in the Teen Leaders Club, I have made new friends and learned leadership skills. I have been a part of the club for three years and each year we learn the importance of giving back to the community as well as developing our own skills and relationships. I think it is important that we develop as leaders who are committed to making our communities better and advocating for the common good."



## PLEASE GIVE TODAY.

[YMCAOFMEWSA.ORG/GIVE](http://YMCAOFMEWSA.ORG/GIVE)

### WHY DO WE PROVIDE FINANCIAL ASSISTANCE AND SCHOLARSHIPS TO THOSE IN NEED?

When financial difficulties stretch individuals and family budgets too thin, the need for YMCA programs remains and may be even more crucial in some instances. Last year, we provided more than 600 families with financial assistance, yet more and more turn to us for assistance as their dollar does not stretch as far as it used to, but their health is still a priority as well as the safety and care of their children.

### WHY DO WE HAVE AN ANNUAL CAMPAIGN?

The Y's financial assistance program is 100% funded by tax-deductible donations. Membership fees cover our facilities, salaries and operations, but do not fund our financial assistance programs.

To make our programs and services available to all, we need the support of our members, staff and the community in raising funds so that no one is turned away.

### WE ARE GRATEFUL FOR YOUR SUPPORT AND KINDNESS!

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732.516.2087

[YMCAOFMEWSA.ORG](http://YMCAOFMEWSA.ORG)



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

“**COMMUNITY  
STRONG.**”

ANNUAL SUPPORT CAMPAIGN  
YMCA OF METUCHEN, EDISON,  
WOODBIDGE & SOUTH AMBOY



YMCA of MEWSA

community strong fundraiser

## WHAT YOUR SUPPORT CAN DO

**\$5**

PER MONTH

HELPS AN OLDER ADULT STAY  
CONNECTED WITH FRIENDS AND  
BECOME HEALTHY AT THE Y

**\$10**

PER MONTH

PROVIDES A CHILD WITH A SAFE  
PLACE BEFORE AND  
AFTER SCHOOL

**\$20**

PER MONTH

SUPPORTS TWO HIGH SCHOOL  
STUDENTS' PARTICIPATION IN YOUTH  
AND GOVERNMENT

**\$40**

PER MONTH

PROVIDES LIFE-SAVING SKILLS IN THE  
WATER FOR PARENT AND CHILD THROUGH  
GROUP AND PRIVATE SWIM LESSONS

**\$75**

PER MONTH

INSPIRES A CANCER SURVIVOR TO GAIN  
STRENGTH AND RECLAIM WELLNESS  
THROUGH LIVESTRONG AT THE Y

**\$100**

PER MONTH

PROVIDES A FAMILY AN  
OPPORTUNITY FOR HEALTHY LIFESTYLE  
CHOICES BY BECOMING Y MEMBERS

**\$300**

PROVIDES A CHILD THE OPPORTUNITY  
TO GAIN NEW SKILLS AND CONFIDENCE  
AT THE Y'S DAY CAMPS FOR A WEEK

**YOUR Support Makes a Better US Possible.**

## HOW YOU CAN HELP

### 1. MAKE A RECURRING DONATION

One way to offset the impact of inflation is to consider a monthly gift that fits your budget. If you have given before, consider increasing your gift and/or the frequency of the gift for a more considerable impact.

### 2. LOOK TO YOUR NETWORK

If you cannot give more, spread the word about the YMCA. Word of mouth is still powerful, so speaking to friends and family about the Y is another excellent strategy. Social media is an essential tool, too!

### 3. CONSIDER DONATING YOUR TIME

The YMCA relies on volunteers to work with our children, motivate teenagers, interact with seniors, clean up the community, collect food, work at blood drives, direct programming efforts and form strategy. Your time is more valuable than ever.

### 4. LOOK AT OTHER RESOURCES

Donor Advised Funds are easy to set up and manage while significantly impacting the YMCA. Consider stating the YMCA of MEWSA as a beneficiary on your life insurance or retirement plan. It's as easy as just setting aside 1%. As a DAF, private foundation, or planned giving donor, today is an excellent time to let us know you have our backs. Financial advising is available.

Contact Elizabeth Bennett at 732-516-2087 or [elizabeth.bennett@ymcaofmews.org](mailto:elizabeth.bennett@ymcaofmews.org) to learn more!

## DONATE FOR A BETTER US.

**YES! I WANT TO HELP!**

NAME \_\_\_\_\_

COMPANY NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP CODE \_\_\_\_\_

PHONE \_\_\_\_\_

EMAIL \_\_\_\_\_

#### ENCLOSED IS MY:

MONTHLY\* GIFT OF \$ \_\_\_\_\_

QUARTERLY GIFT OF \$ \_\_\_\_\_

ONE TIME GIFT OF \$ \_\_\_\_\_

**\*JOIN THE RECURRING GIFT PROGRAM:** To provide dependable monthly support for the families of the YMCA of MEWSA, please make a monthly gift and join us as a **SUSTAINING DONOR**. *You may change your plan to opt out at any time.*

#### PLEASE DESIGNATE MY GIFT TO:

METUCHEN YMCA  SOUTH AMBOY YMCA  EARLY LEARNING CENTERS

EDISON YMCA  YMCA AT THE PISCATAWAY COMMUNITY CENTER  GREATEST NEED

I AM:  STAFF  Y MEMBER  COMMUNITY MEMBER  BOARD MEMBER

PROGRAM PARTICIPANT  EARLY LEARNING FAMILY

MY COMPANY WILL MATCH MY GIFT: \_\_\_\_\_  
COMPANY NAME

#### GIFT METHOD

MY CHECK IS ENCLOSED (PAYABLE TO "YMCA OF MEWSA")

PAYMENT INFORMATION ON FILE

PLEASE CHARGE MY CREDIT CARD

VISA  MASTERCARD  AMEX  DISCOVER

CREDIT CARD NUMBER \_\_\_\_\_ EXP. DATE \_\_\_\_\_

NAME ON CARD \_\_\_\_\_ CVV \_\_\_\_\_

SIGNATURE \_\_\_\_\_

YMCA CAMPAIGNER \_\_\_\_\_

Make your gift online at [ymcaofmews.org/give](http://ymcaofmews.org/give)

For further information, to give by phone, or make a gift out of stock, contact Elizabeth Bennett at 732-516-2087.

Gifts are tax deductible to the full extent provided by the law. YMCA of MEWSA is a 501(c)(3) not-for-profit organization with Tax ID: 22-1487616.

**THANK YOU FOR HELPING YOUR NEIGHBORS!**

